



# 7th Annual Shared Blessings 5K & 1 Mile Fun Run

**Date & Time:** March 25, 2017 1 Mile FUN RUN/WALK-8:30 A.M. 5K- 9:00 A.M.

**Registration time:** Starts @ 7:30 A.M.

**Place:** 1<sup>st</sup> & Choctaw McAlester, OK 74501

**Hosted by:** Mascoto Chiropractic (Phone: 918-759-3226)

**Proceeds go to:** Shared Blessings

**Register Online:** sharedblessings.tv or mascotochiro.com

Registration Price: \$ 30-Adult - \$15 Kids 12 & Under T-Shirt Size

Additional Donation: \$\_\_\_\_\_

Adult: S M L XL XXL

Total Enclosed: \$\_\_\_\_\_

Youth: S M L

\*Please Mail & Make Checks Payable to  
**Shared Blessings (Shared Blessings 5K in the memo)**  
P.O. Box 3685 McAlester, OK 74502

**\*\*ARE YOU A PACE MEMBER? YES\_\_\_ NO\_\_\_\*\***

**\*\*Registration must be received by MARCH 17, 2017 to be guaranteed a T-Shirt\*\***

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: M F  
Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Phone: \_\_\_\_\_ Email: \_\_\_\_\_  
5K \_\_\_ 1Mile \_\_\_

**Waiver:** I know that running a road race is a potentially hazardous activity. I should not enter unless I am medically able and properly trained. I assume all risks associated with running this event. Having read this waiver and knowing these facts and in consideration of your accepting my entry fee, I, for myself, and anyone entitled to act on my behalf, waive and release Mascoto Chiropractic, City of McAlester, Shared Blessings, and all sponsors, their representatives and successors, for all claims or liabilities of any kind arising out of my participation in this event.

\_\_\_\_\_  
Signature (Parent's Signature if under 18)

\_\_\_\_\_  
Date